Neurodiversity Affirming Play Therapy Constructs

Presume Competence

Value Relationship Development as a Core Healing Agent

Value and Allow for Multiple Ways of Communication

Value and Provide Space for the Child's Voice

Partner with the Parent/Caregiver and the Child

Use a Strength-Based Approach

Recognize the Child's Play Preferences and Interests

Respect Diverse Neurotypes (Identity Freedom)

Advocate for Inclusion

Support Self Advocacy Skills

Respect Body Autonomy

Remember that Play is the Natural Language of Children



